



Base Bulletin

Vandenberg AFB, CA 93437-0759



20 October 2004

No. 42

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items via e-mail to publishing.vafb@vandenberg.af.mil or to Vandenberg Publishing on the Global or via fax to DSN 276-6614 or 805-606-6614 to arrive at 30SCS/SCBP by noon on Monday (by noon the preceding Friday if a holiday occurs on Monday or Tuesday), to meet the Wednesday publishing date. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I — ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961.

Safety Hazard: Dial 5-SAFE (If off base, dial 605-SAFE).

SECTION II — OFFICIAL

1. Team Vandenberg:

a. New Flight: Effective 1 Oct 04, the 30th Space Wing Manpower Office became the Manpower and Organization Flight in the 30th Mission Support Squadron. Our new office symbol is 30MSS/MOF and Ms. Junell Tillman is the Manpower and Organization Flight Chief, extension 5-6455. All other phone numbers and our office location remain the same. (30MSS/MOF, 5-6460)

b. Quarterly AFOSH Council: The Commander's Quarterly AFOSH Council will be held on Wednesday, 20 Oct 04 from 1400—1500 at the WROCC Theater. All Team Vandenberg Commanders are required to attend; USRs and interested persons are highly encouraged to attend, as well. Purpose of the AFOSH Council is to address all safety, health and fire protection issues. Col Wolf, 30SW/CV, will preside as Chairman of the Council. (30SW/SEGB, 6-8804)

c. Office Closure: The 30th Comptroller Squadron, Financial Services Flight (Customer Service, Customer Support, and Accounting Liaison) will be closed on Friday, 22 Oct 04, from 1200 to COB for an official function. We apologize for any inconvenience this may cause. If emergency financial assistance is needed, you can reach us at 588-9282. (30CPTS/FMFC)

d. Future Programs Briefing: The annual Future Programs Briefing has been scheduled for 1500, on 26 Oct 04, Bldg 7025 (WROCC) Theater. This briefing is UNCLASSIFIED, designated "FOR OFFICIAL USE ONLY". Briefing is open to all interested government and support contractor personnel. For more information contact Rose Leventis at 5-2870. (30SW/XPR)

e. Quarterly Awards Luncheon: Get your tickets now!! The Quarterly Awards luncheon is Thursday, 28 Oct 04 at 1100, at the Pacific Coast Club. Contact your First Sergeant for tickets. (30SW/CCP, 6-3711)

f. Retirement Ceremony: Lt Col Chromy, Chief, 30th Space Wing Command Post, cordially invites you to attend a retirement ceremony honoring MSgt James D. Yancey, Superintendent, 30SW/CP, for his 21 years of dedicated service, on Thursday, 28 Oct 04 at 1500 at the PCC Warrior Room, reception to follow. Military Attire: Duty Uniform. Civilians: Civilian Attire. For more details, please contact A1C Rhea Amante at 6-9961. RSVP NLT 20 Oct 04. (30SW/CP)

g. Military Equal Opportunity (MEO): The Equal Opportunity and Treatment (EOT) program seeks to eliminate unlawful discrimination against military personnel based on race, color, religion, sex, or national origin. Unlawful discrimination and sexual harassment are contrary to good order and discipline and counterproductive to combat readiness and mission accomplishment. Unlawful discrimination against Air Force personnel or their family members on or off base will not be tolerated. For more detailed information contact the 30th Space Wing MEO office at 6-0370. (30SW/ME)

h. PECI Programs: Did you know the Air Force Productivity Enhancing Capital Investment (PECI) Programs help conserve critical Air Force resources, enhance unit capability, and improve combat readiness? And that these opportunities to enhance quality and productivity are financed through two self-sustaining

TEAM VANDENBERG

PECI Programs: the Fast Payback Capital Investment Program (FASCAP) and the Productivity Investment Fund (PIF)? FASCAP provides funds to purchase cost-saving, readily available, off-the-shelf equipment. These projects are managed and funded by MAJCOM, have a \$200,000 ceiling and must generate direct savings to repay investment costs within 2 years. The PIF Program lets organizations compete for self-sustaining funds to finance capital investments in equipment and facilities over \$200,000 that can amortize through savings within 4 years. Need more information/details about the Peci Programs? Please call Mary Ann Simmons, 30MSS/MOF, 5-6460, or reference the 2 Feb 04, AFI38-301 on the Peci Program or the AF Peci website: <https://www.dp.hq.af.mil/dpm/peci/> (30MSS/MOF)

i. Volunteers Needed: Volunteers are needed for the upcoming Volunteer Income Tax Assistance (VITA) program on Vandenberg AFB. No prior experience is required. As members of the VITA Team, volunteers are trained in the computerized preparation and electronic filing of income tax returns. Once trained, they are then called upon to provide income tax assistance to the Vandenberg Air Force base military community during the tax season. Military retired and civilian volunteers are encouraged to volunteer their free time to work. Training, starting in January, is provided for preparation of Federal and California returns. If you are interested in helping your active duty and retired military community, please call 6-3650 for further information. (30SW/JA)

j. Airmen Against Drunk Driving (AADD): Think Safety Before You Start!! Here are your choices for a safe ride home: Call AADD at 605-AADD/606-AADD for an anonymous free ride home, or get a complimentary ride from your First Sergeant when you have to be picked up. Tough decision? (30CES/CEOM, 6-7760)

2. 30th Space Communications Squadron: (30SCS)

a. Revised Form/IMT and Instruction: 30SWIMT604, Designation of Property Custodian is now available on the VEPDL and E-Publishing. Revised Instruction: 14AFI10-201, Readiness Visit Program is available on the VEPDL. (30SCS/SCBP, 6-7894)

b. Base Post Office: The Base Post Office, in the BX area, Bldg 10373, is open, from 0900—1200 and from 1300—1600, Monday thru Friday. (Julio Newman, 30SCS/SCBAP/BITC, 6-6545)

3. Traffic Management Office: (30LRS)

a. Attention TMO Customers: If you have recently arrived PCS and have household goods in storage awaiting quarters, schedule delivery of your personal property as soon as you have a firm address and move in date. Local agents may not be able to provide prompt delivery services if they are not provided sufficient lead-time. Please contact SSgt Soria, 6-0906. (30LRS/LGRT)

b. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick-up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. (30LRS/LGRT, 6-0904)

4. Military Personnel Flight: (30MSS/DPMP)

a. Military Personnel Flight (MPF) Customer Walk-in Hours: The MPF Customer Service (ID Cards & Records), located in Bldg 11777/C-114, walk-in hours are: Monday, Tuesday & Thursday from 0800—1500, Wednesday from 1000—1600, and Friday from 0800—1600. All other MPF Office walk-in hours are from 0900-1500. Appointments may be made outside the times listed, by contacting the appropriate office. The MPF has mandatory Warfit Monday, Tuesday & Thursday afternoons and will stop taking new customers at 1500. For further information call SMSgt Walker at 6-7719. (30MSS/DPM1)

b. MPF Weekly: For the most current Military Personnel Flight (MPF) information, please check out the MPF Weekly. The 15 Oct 04 edition of MPF Weekly is now posted on the Vandenberg Intranet, link: https://intranet.vandenberg.af.mil/organization/30msg/30MSS/mpf/mpf_weekly/2004_archive/oct-04-15.doc . (30MSS/DPM)

5. Civilian Personnel Flight: (30MSS/DPCE)

a. Voluntary Leave Transfer Program: Bruce Dufresne, 2ROPS/DOUS, Christine Holly-Vickers, 30SW/JA, Timothy L. Lovelace, 30CES/CEOF2 & Fidel G. Terrones, 30CES/CEOIE, Vandenberg AFB; Don Cook, Robins AFB; Tony Wright, Mildenhall AB; Starlene Holley, Clear AFS; Ronald Mosley, Selfridge ANGB; Michael Baca, HQ ARPC/MS; Sandra Jernigan, Betty O'Herlihy, Howard Brown, & Tim Jones, Luke AFB; Glenda Bennet & Lori J. Anderson, Peterson AFB; Herlene Thurman & Cheryl Scott, Los Angeles AFB; Carolyn DeLaGarza, Langley AFB; Johnna DeSimone & Karla Weaver, Schriever AFB; Lonnie Dunbar, AF Pentagon; Dionisio Estebar, Onizuka AFS; Contine Francis & Janice Shinkle, MacDill AFB; Don Cook, Robins

AFB; Delores Green & Emily Knecht, Dobbins ARB; Wilson Holloway & Frank Valentik, Avon Park AFR; Charles Howard, Vance AFB; Julie Norman & Angel Sablan, Andersen AFB; Jane Kelsey & Earle Tasse, Eglin AFB; Melanie Brown, Roberta Clark, Eileen Clemmons, Theresa Currier, Jennifer Mac Davitt, Mary Maurer, Lisa Wiggs & Richard Hinshaw, Patrick AFB; Earl Mikula, Buckley AFB; Dotsy Parnell, Shaw AFB; D'Sitra Scott, Willow Grove ARS, PA; Sue Sommers, Scott AFB; Fred Haas, Jeneke Lacy, Jacquelyn Schmidt, Carol Vilcek, Linda Solomon, Rebecca Barner, Kenneth Pearce & Daniel Romero, USAF Academy; Jill Rector, Misawa AB; Traci Teachout & Carolyn Wallace, McConnell AFB; Mike Weatherly, Homestead ARB; Barbara Holley, Pittsburg IAP ARS; William Held, AF Audit Agency; Julie Martin, Dyess AFB; and Bernadette Stein, Randolph AFB are all in need of leave donations. Civilian employees who would like to donate a portion of their annual leave must complete an OPM 630-A. Go by Bldg 11777, Rm B-103 to pick-up and/or turn in your form or access this form at: http://www.opm.gov/FORMS/PDF_FILL/opm630A.pdf (30MSS/DPC, 6-5847)

b. Federal Employees Health Benefits Open Season: The 2004 Federal Employees Health Benefits (FEHB) Open Season health fair will be held on 3 Nov 04, from **0900 until 1400**, at the Education Office Student Lounge, Building 14002, 144 Wyoming Ave. During open season, 8 Nov 04 through 13 Dec 04, eligible employees may enroll in a health insurance plan for the first time, or make desired changes in current enrollments by contacting the Benefits and Entitlements Service Team at 1-800-616-3775, or at this web site www.afpc.randolph.af.mil/dpc/BEST_GRB/EBIS.htm to give Federal employees more options that empower personal decision making and maximize their ability to put more of their hard-earned dollars to work for their needs and those of their families, 18 High-Deductible Health Plans (HDHP), both local and national, will be offered by the Federal Employees Health Benefits (FEHB) Program in 2005. These health plans, together with a Health Saving Account (HSA) or a Health Reimbursement Arrangement (HRA) provide a tax advantaged savings vehicle for paying for your medical expenses. More information will be provided in conjunction with the beginning of the open season. (30MSS/DPCE, 6-5847)

6. 30th Medical Group: (30MDG, 6-7440)

a. Clinic Closure: The Vandenberg Clinic will be closed 28 Oct 04 for Mandatory Medical Readiness Training. For urgent needs please call 606-CARE or 888-252-3299. Please plan ahead for appointments and pharmacy refills. For more information contact Capt Clemens at 6-7440.

b. Glasses for the Deployed: Reminder: if you are deploying in the next few months and wear glasses, please ensure that you have up to date glasses and gas mask inserts. If you need to order glasses/gas mask inserts, please stop by the 30MDG Optometry Clinic with your medical record, or call 6-0468 for an eye exam.

c. Service Delivery Assessment (SDA): At the end of October, the 30th Medical Group at Vandenberg will be implementing a new process for obtaining timely feedback from our patients about their outpatient visits. An authorized individual from SDA will be telephonically contacting patients to obtain feedback on the quality of the medical services they received recently. Randomly selected patients will be called within a few days after their medical visit between the hours of 1700–2000, Monday through Friday (except holidays), and asked seven simple questions. The caller does not have access to any personal medical information nor will patients be requested to provide such information. Col Greg Allen, 30MDG Commander, stated that “SDA telephone customer satisfaction surveys have been extremely well received by patients around the Air Force and I look forward to the feedback we receive from our Vandenberg patients.” In order for the medical clinic to ensure that all needs and expectations are met here at Vandenberg, full participation is encouraged. If you have questions, please contact TSgt April Blake at 6-1846.

7. 30th Security Forces Squadron: (30SFS/SFOS, 5-0792)

a. Vacation Quarters Check: If you live in base housing and plan to take leave or go TDY, have Security Forces check your home while you are gone. To make arrangements, stop by the Law Enforcement Desk, Bldg 13675. For more information call 5-0792.

b. Neighborhood Watch Program: This program is run by you and designed to help ensure a safe and secure neighborhood. If interested in starting this program in your area call 5-0792.

8. 30th Civil Engineering Squadron: (30CES)

a. Attention All Facility Managers: Please ensure that Civil Engineering (CE) Customer Service has the correct Primary and/or Alternate Facility Manager assigned to your building. Call A1C Rodriguez at 6-3152 or CE Customer Service at 6-0010 to verify the correct information is in our system. If you need to assign a Facility Manager, do so by using the form located in the 30th Space Wing Pamphlet 32-3 attachment 1. The form must be signed by Unit Commander or equivalent and forwarded to CE Customer Service.

Facility Manager training is on the third Wednesday of the month at 1000 in Bldg 11439, Rm 109, CES Conference room. (30CES/CEOFP, 6-0010)

b. Proper Ventilation: Due to our location mold and mildew can become a problem, but proper ventilation can prevent it. Turn on the bathroom exhaust fan and/or open a window in the bathroom during and after a shower or bath. If no window exists in the bathroom, leave the bathroom door ajar following the shower or bath and open windows in other rooms to create a cross draft for about 10 minutes. If mold and mildew manage to develop anyway, open windows in the affected area to facilitate drying, and scrub the area with a solution of one-cup bleach and one gallon of water, rinse and wipe dry. In the case of mold on painted surfaces, allow this solution to soak in before scrubbing lightly, rinsing and drying. If your carpet gets wet, dry it quickly to prevent the growth of mold under the carpet. You can use a fan directed at the wet area of the carpet to dry it and prevent the growth of mold. (30CES/CEH, 6-3477)

OFFICIAL

FRANK GALLEGOS
Colonel, USAF
Commander

Karen L. Dean
Chief, Publishing Management

SECTION III — UNOFFICIAL

General Information:

a. Base Theater Marquee: The following movies will be shown at the Base Theater, Bldg 13750, 15—17 Oct 04. Call 6-5565 for movie information or e-mail Vanessa Probert at ProbertV@aafes.com. (AAFES)

Day	Date	Movie	Rating	Opens	Starts
Friday	22 Oct 04	Paparazzi	PG-13	1830	1900
Saturday	23 Oct 04	Cellular	PG-13	1830	1900
Sunday	24 Oct 04	Napoleon Dynamite	PG	1330	1400

b. Food Service Events: For more details contact SSgt Bethany Lopez at 6-5496. (30SVS/SVMX)

Day	Date	Event	Start Time	Location
Thursday	28 Oct 04	National Chocolate Day	All Day	Beachcomber
Sunday	31 Oct 04	Halloween Meal	1100	Beachcomber

c. Texas Blowout BBQ: The 16th Annual Texas Blowout BBQ is 22 Oct 04 at Cocheo Park from 1100—1700! Buy your tickets NOW, in advance, from your unit reps, to get a chance at one of the many door prizes! There will be lots of games (for kids and adults), prizes and food. All proceeds will go to the Operations Kids Christmas fund. Contact your unit rep or Capt Unzicker, 6-0159 for details. See ya'll there! (381TRSS/TSU)

d. Air and Space Show Mixer: The 2004 Western Air and Space Show Performers Mixer, will be held at the Pacific Coast Club, Ball Room, on Friday 29 Oct 04, at 1800. This is a chance to mingle with, meet and welcome the show performers. This free event is open to all Team Vandenberg. (30OSS/OSOC)

e. Halloween Haunted Trail 2004: If you want to be really scared and have fun doing it, come out to the now infamous Eighth Annual Halloween Haunted Trail hosted by the 30LRS Booster Club. Prepare to be scared starting Friday and Saturday, 22-23 Oct 04, from 1800—2330 and again Friday, Saturday and Sunday, 29-31 Oct 04, from 1800—2330. It's an experience you will never forget! The Halloween Haunted Trail starts at Washington Ave and Airfield Road. Beverages and baked goods will be sold at the trail entrance. Appropriate footwear must be worn. Entrance fee to the Halloween Haunted Trail is \$4.00 per person, per trip, if you dare. For more details call SrA Acosta at 6-6223. (30LRS/LGRVOS)

f. Annual Pumpkin Patch: The Annual Pumpkin Patch hosted by the 30th Security Forces Squadron PeaceKeeper Association, will run from until 29 Oct 04 located in the field next to 30SFS Parking Lot, Bldg 13675, from 1000—1900 on weekends and from 1600-2000 on weeknights. (30SFS/SSFOC, 5-2585)

g. Black and White Ball: Mosaic Lodge #109 cordially invites you to attend their Annual Black and White Ball on Saturday, 6 Nov 04 at 1800 at the Vandenberg AFB Pacific Coast Club. Dress: Formal. Cost: \$30 singles/\$50 couples. RSVP by 1 Nov 04 to Billy Phelps at 735-8995 or Lt Wright at 735-7239. (2SLS/MAFD)

h. Attention Military Personnel Assigned to Vandenberg: You can book 30 days ahead for the Thanksgiving and Christmas holidays and may confirm stays up to 10 days in VQ quarters for only \$28.50 per night, during the period 5 Nov 04—5 Jan 05. This offer is for the friends and relatives of military personnel assigned to this base. Call Mike Green at 5-7831/6-1844, for 0-6/above, call 6-3711. (30SVS/SVML)

i. Going To A Holiday Party? Spend the night a Lodging for only \$28.50 per night. You may book a VQ, 30 days in advance for your party night. To be eligible you must be active duty military/retired military or civilian (DOD) on active duty. Offers expires 5 Jan 05. Call Mike Green at 5-7831/6-1844 to book. (30 SVS/SVML)

Health And Wellness Center: (30MDG/HAWC, 6-2221)

Web Page Information: Visit our web page for complete information and to sign up on all of our classes: https://intranet.vandenberg.af.mil/30_MDG/30mg/haw_center/index.htm to include Breastfeeding/Child Care and Prenatal/Postpartum Exercise Education, Risk Reduction Series for Cholesterol, Diabetes and Blood Pressure Education and much more.

Chapel: (30SW/HC, 6-5773)

a. Worship Schedule: For all holiday weekends, the Vandenberg Chapel will have one Protestant Service on Sunday at 1130 at Chapel 1.

Catholic Mass:	Saturday	1700	Chapel 2	Regular Protestant Services:			
Confessions	Saturday	1615—1645	Chapel 2	Praise & Worship	Sunday	0830	Chapel 2
Mass	Sunday	1000	Chapel 1	Gospel	Sunday	1130	Chapel 2
Daily Mass	Mon-Fri	1130	Chapel 2	Traditional	Sunday	1130	Chapel 1

b. Vandenberg Jewish Community Classes: The Vandenberg Jewish Community is offering the following classes: Children's Hebrew and Bar Mitzvah classes, adult Hebrew and religion classes. Classes have started at the Vandenberg Religious Education Center and are held every Tuesday night at 1800. Please call Randee Van Ness at 734-3311, for more information or to enroll.

c. Fall Fest: Come join us for a fun time Sunday, 24 Oct 04 from 1400—1600 at Chapel 1 grounds (behind Chapel 1). This is a free event. There will be two bounce houses, traditional carnival games, a dunk tank, prizes, food, and treats. For details visit or contact Chapel 1 at 606-5773.

Family Support Center: (30MSS/DPF, 6-0039) To pre-register for all classes, workshops, and seminars, call the designated point of contact, or visit www.php-ids.com.

a. Office Hours: Family Support Center's customer service hours are from 0800—1600 except on Monday when the center will be closed for staff training from 0730—0930. Personnel requiring *emergency* Air Force Aid will be assisted. Call 6-0039.

b. BabyMeet: If you are pregnant or the parent of a baby between the age of newborn to 2 years, this is an opportunity to get together with other families for discussions and socialization. This group meets every Wednesday, 0900—1000 at the Base Library. For more details call Katie at 734-6758 or Anna at 734-6606.

c. Playtime for Tots: They meet Friday mornings at 1000—1100 at the Religious Education Center. This playgroup is for parents and the children ages 2 to 5. For more information call Jill at 757-9044.

d. PALACE CHASE (Force Shaping) Separatees: Are you separating under the newest PALACE CHASE (Force Shaping) program? If so, you need to get to the Family Support Center (FSC) now! You must accomplish your mandatory Pre-Separation Briefing at least 90 days prior to separation. You can schedule yourself for this briefing by accessing www.php-ids.com. Do not wait until you have your out-processing checklist to get this briefing. If you need assistance please call the FSC at 6-0039.

e. Global Hearts Group: The Global Hearts Group invites families of deployed personnel, serving remote, and 30+ days TDY to a Halloween Party at the Saddle Club on 30 Oct 04, from 1100—1300. There will be hayrides, pony rides, games, prizes, craft activities, etc. Costume is optional and lunch will be provided. Please contact TSgt White at 6-0039 to sign up.

30th Services Squadron: (30SVS/SVK, 6-0276)

a. Auto Hobby Shop: (30SVS/SVRA, 6-6014)

- **Used Car Lot:** Try selling your used vehicle through the Auto Hobby Shop. Place your vehicle on the used car lot for \$6 per two weeks. You also have the option of listing your vehicle on the Services Squadron web site.

b. Surf Lanes Bowling Center: (30SVS/SVBB, 6-3209/734-1310)

- **Airmen's Night:** Thursday, 1800—2100. Every Thursday night at the Bowling Center, E-4's and

under bowl for just \$1 per game.

- **Thunder Alley:** Friday, 2100—2400, Saturday, 2100—2400. Catch the ultimate glow-in-the-dark bowling experience!
- c. **Breakers/Beachcomber Dining:** (30SVS/SVMF, 6-7540/734-1901)
 - **National Chocolate Day:** 28 Oct 04. Satisfy your sweet tooth with a variety of chocolate delights.
 - **Breakers Renovations:** The Breakers dining facility is currently closed for renovations to the heating, ventilation and air conditioning system. Consolidated dining will be available at the Beachcomber (Bldg 9190) on Nevada St in the 381st Training Group area.
- d. **Child Development Center:** (30SVS/SVYC, 6-1555)
 - **Give Parents a Break:** This program offers parents one evening of childcare per month for parents who need a break. Give us a call and find out how you can qualify.
 - **Drop-in Care Available:** The Child Development Center is open to active duty military, DOD civilians, and DOD contractors, as well as reservists placed on active duty for training. The CDC has drop in care for \$3.50 an hour on a space available basis.
- e. **Family Child Care:** (30SVS/SVYD, 6-3255)
 - **Provider Training:** The need for child-care providers has never been greater! Help make a difference and become a licensed child-care provider. Call Gwendolyn Jones at 6-4639 or 6-3255.
- f. **Fitness Center:** (30SVS/SVMP, 6-3832)
 - **Rock Wall Climb:** 28 Oct 04, 1100—1300.
 - **Trick or Treat Fun Run:** 29 Oct 04, 1200.
- g. **Information, Tickets & Travel:** (30SVS/SVRO, 6-7976 or 6-1675)
 - **Lakers Tickets:** Reserved seating for 8 season games. Tickets (transportation on your own) are very limited and need to be reserved NOW! Enjoy Lakers Basketball at the Staples Center. A non-refundable deposit of \$25.00 will reserve your seats. Regular season games \$45.00. Dates: 17 Dec 04 (Fri) vs. Washington, 28 Jan 05 (Fri) vs. New Jersey, 27Mar 05 (Sun) vs. Philadelphia, 29 Mar 04 (Tue) vs. New York, 11 Apr 04 (Mon) vs. Phoenix.
 - **Fall Escapes – Hawaii:** Prices from \$449, includes hotel and round-trip air. Rates are for Los Angeles departures. 50% off second person fare. Limited availability, so book now until early December.
- h. **Library:** (30SVS/SVMG, 6-6414)
 - **Story Time:** 21 Oct 04, 1000. It is appreciated if you can sign up if you are attending to help plan for supplies, but walk-ins are welcome.
 - **Get Caught Reading:** Come by the library for details and instructions for the 'Get Caught Reading'. Photo and essay contest. Submissions for each contest must be turned in to the library by 22 Oct 04 for judging. Prizes will be awarded during the pizza party on 24 Oct 04, 1600—1900 at the library.
 - **Scavenger Hunt/Pizza Party:** 24 Oct 04, 1600—1900. Sign up for the scavenger hunt at the library and vote for your favorite type of pizza. The scavenger hunt will begin at 1600, with the pizza party following at 1730. You do not have to participate in the 'Get Caught Reading' contests to attend the pizza party.
 - **Dial-a-Story:** The phone number is 606-4300 for this free story-telling service. Available 24/7, story changes Friday afternoons.
- i. **Marshallia Ranch Golf Course:** (30SVS/SVBG, 6-6262)
 - **BBQ Lunch Special:** 21 Oct 04, 1100—1330.
 - **Fall Open:** 23—24 Oct 04. Sign-ups are underway at the Pro Shop.
- j. **Natural Knead Massage:** (30SVS/SVMP, 5-4748)
 - **In-Office Massage:** Relax your head, neck and shoulders with in-office massage with Monica. \$1 per minute, available Monday, Wednesday, and Friday from 1000—1200.
 - **In-Home Massage:** Enjoy a Swedish massage from Monica in the convenience of your own home. \$5 charge above regular cost for in-home visits. Available Monday—Friday after 1700.
- k. **Outdoor Recreation/Equipment Checkout:** (30SVS/SVRO, 6-5908)
 - **Surfing Trip to Pismo Beach:** 23 Oct 04, 0800—1700. Cost is \$20.
 - **Mountain Biking Trip:** 6 Nov 04, 0800—1600. Explore the beautiful back-country of California with this 20-mile bike ride through the Los Padres National Forest. Cost is \$15 per person. Reservation deadline is 4 Nov 04 at Outdoor Rec.
- l. **Pacific Coast Club:** (30SVS/SVBO, 734-4375 or 734-4376)
Entertainment/Events:
 - **Mongolian BBQ:** 20 Oct 04, 1700—2000.
 - **DJ Night w/ Variety Music:** 22 Oct 04, 2100—0200, in the E-Lounge.

- **Karaoke Night:** 22 Oct 04, 1900—2300, in the Officers' Lounge.
- **DJ Guy:** 23 Oct 04, 2100—0300. Hip-Hop, R&B, Old Skool and New Skool with DJ Guy.
- **Football Frenzy:** 25 Oct 04. Tailgate party starts at 1700 with \$1 burgers and hot dogs. Football toss at half-time. The match-up: Broncos vs. Bengals.
- **Kid's Night Out:** 25 Oct 04, 1700—2000.
- **Fajita Dinner:** 27 Oct 04, 1700—2000.
- **Halloween Party:** 30 Oct 04, 2100—0200. No host cocktails, light snacks and variety music by DJ Guy. Costume contests for best male, female and couple. Cost is \$5 for members and \$8 for non-members. Adults only, no kids please.

Menu:

- **Monday Madness:** Mondays from 1700—2000. Enjoy our all-you-can-eat pizza and spaghetti buffet with drink and soon to be famous pizza dessert. Regular - \$7.95, Members - \$5.95, children under 12-years of age - \$3.00. (No coupons)
 - **Fried Chicken Buffet:** Tuesdays from 1700—2000. Pacific Fried Chicken Buffet with dessert. Regular - \$8.95, Members - \$6.95.
 - **Kid's Night:** Wednesdays from 1700—2000. Children under 12-years-old get a 6-inch mini pizza with choice of toppings and soda - \$1.50. (No coupons)
 - **Pasta Mania Buffet:** Thursdays from 1700—2000. Regular - \$8.95, members - \$6.95, children under 12-years of age - half-price, children 4-years and under - free.
- m. Rod & Gun:** (30SVS/SVBR, 6-4560)
- **Open Shoot:** Open Trap & Skeet shoot Wednesday and Friday mornings at 0830.
 - **Holiday Party:** Looking for a place for your holiday party? The Rod & Gun has two rooms available to rent.
 - **Pistol Silhouette Shoot:** 6 Nov 04, 0900.
- n. Skills Development:** (30SVS/SVRS, 6-6438)
- **Winter Art Fair:** Sign-ups are underway for crafters. Reserve your space by 26 Oct 04 at Skills Development (Bldg 11193). Cost is \$25 for a single space and \$35 for a double. Hand-Crafted items only please. The Winter Art Fair will be held 6 Nov 04 on the bowling center lawn area.
 - **Children's Ceramics:** Saturdays from 1100—1330. This class is designed to introduce children to the art of ceramic casting. Cost is \$15.
- o. Swimming Pool:** (30SVS/SVRO, 6-3581)
- **New Lap Swim Hours:** Monday-Friday, 1000—1300; Mon/Wed/Fri, 1530—1700. Pool is closed Saturdays, Sundays and holidays.
- p. Veterinary Clinic:** (30SVS/SVBV, 6-3019)
- **Pet Registration:** All cats and dogs residing on Vandenberg AFB must be registered with the Veterinary Treatment Facility (VTF). All vaccinations including rabies and distemper combinations, must be up to date and kept on file. Please bring your animal's medical records to the VTF on an off-clinic day to register you pet.
 - **Pet Protection:** Protect your pets against fleas, ticks and heartworms with Frontline Plus and Heartgard, both available at the Vet clinic.
- q. Youth Center:** (30SVS/SVYY, 6-2152)
- **Harvest Festival:** 29 Oct 04, 1900—2100, at the Youth Center.
 - **Donation Drop Box:** The Torch Club Members at the Youth Center are asking for donated items to send to the troops serving in Iraq. Stop by the Youth Center with any donated items.
 - **Talent Show Auditions:** We're looking for children, teens, husband & wife teams who are talented and enthusiastic to take part in the Family & Teen Talent Show. Open to vocalists, dancers, instrumentalists, comedians and dramatists. Contact Lynn Warner at 606-0276 to set up a private audition. Deadline to apply is 24 Oct 04.

Education Center: (30MSS/DPHE, 5-5904)

a. NCO Academy for Civilians: There exists an opportunity for civilians in the grades of GS-06-09, WG 9-12, WL 1-6 and WS 1-8 that do not have any prior military experience to attend the NCO Academy at Peterson AFB, CO. One slot per class has been reserved for a civilian. Completion of NCOA will expose civilian counterparts to the customs and professionalism of the enlisted corps as well as preparation for leadership and supervisory positions. Nomination packages must be submitted to the Civilian Training Office. Packages must be endorsed by the individual's supervisor and organizational commander or two-letter director, and will include the AF Form 4059, resume of job experience and a statement explaining why the individual wished to attend NCOA. Each package will be reviewed locally and then forwarded to AFSPC for

selection and must reach AFSPC 60 days prior to class start date. Funds for the TDY are authorized from civilian training funds when approved by the Management Training Committee (MTC). Contact is Ms. Barbara LeFebvre at 5-5913.

b. FY 05 Basic Officer Training (BOT) Application Guide: The FY 05 Basic Officer Training Guide is out and contains several changes. Possibly the biggest change is it now allows for "nationally accredited" degree candidates. Interested applicants can download a copy of the guide at <http://www.rs.af.mil/rsoc/>. Copies are also available at the Education Center. Interested candidates can schedule appointments with the Education Center Guidance Counselor at 5-5904. The remaining FY 05 board schedule is listed below:

Board Number	Cut-off to HQ AFRS	Board Dates
05OT03 C	30 Nov 04	11-14 Jan 05
05OT04 N	08 Feb 05	28 Mar 05—1 Apr 05
05OT05 C	29 Mar 05	10-13 May 05
05OT06 C	21 Jun 05	2-5 Aug 05

c. Embry Riddle Aeronautical University: ERAU offers associate and bachelor degree programs in Professional Aeronautics (ASPA/BSPA) and Technical Management (ASTM/BSTM). We also offer three graduate programs: Master of Science in Management (MSM), Masters of Business Administration in Aviation (MBA/A) and Master of Aeronautical Science (MAS). The MAS has eight specializations including Safety and Space. The graduate classes are offered at our off base location at 3875F Constellation Road, Lompoc. For current information regarding registration, admissions and our programs call the office at 805-734-4076 or 606-6557. Registration for resident classes will begin 14 Dec 04 and lasts until classes begin 10 Jan 05. Additionally we have an extensive online catalog and over 150 locations worldwide. Our application is now available online at <https://app.applyyourself.com/?id=erau-ec> making applying to Embry-Riddle a snap! Stop by and see us in the Education Complex, 144 Wyoming Ave. Room A-1. Office hours are Monday—Thursday, 0830—1730 and Fridays, 0800—1200. Our e-mail is Vandenberg.Center@erau.edu. (ERAU)

Computer Training: (InDyne, 6-3771)

a. Personal Computer Systems Training: Due to the pending migration to Windows XP and Office 2003, effective 04Oct, all PC Training classes held in Bldg 9360 are cancelled until further notice (EXCEPTION: LAN Access Training classes will continue to be held, as scheduled). We will be positioning our classroom computers to teach Office 2003. You will be advised as soon as the new schedule is developed. NOTE: ISSO, EC, C&A, EMSEC, etc. classes which are held at Bldgs 6525 and 9325 will continue as scheduled. To register, reply, or e-mail PC.Training@vandenberg.af.mil.

b. First Tip: Entering tabs in a Word table: When you create a table in Word, the **TAB** key takes on some special functions. First, pressing **TAB** when the insertion point is in the last table cell creates a new row. In addition, pressing **TAB** in any other cell moves the insertion point into the next cell. (You can press **SHIFT + TAB** to reverse direction.) But what if you want to insert a tab mark within a table? The trick is to hold down the **CTRL** key as you press **TAB**. Word then enters a tab mark just as if you'd pressed **TAB** outside the table.

Second Tip: Changing the color scheme for only selected slides in PowerPoint: You can easily change the color scheme for a group of slides in your presentation without changing the color scheme of the entire slide show. To do so, switch to Slide Sorter View, hold down the **CTRL** key as you click on the slides you want to change. Choose Slide Color Scheme from the Format menu, select a new color scheme, or create a custom scheme in the resulting Color Scheme dialog box, and then click **Apply**--only the selected slides should be affected.

c. Available Classes: Following are classes scheduled, which have open slots:

Class	Date(s)	Time
Information Technology EC Training	20 Oct 04	0900—1100
Certification & Accreditation	20 Oct 04	0800—1130
LAN Access Training	25 Oct 04	1300—1600
LAN Access Training	29 Oct 04	0800—1100

Items For Sale:

For Sale: 2004 Pontiac Grand Am GT fully loaded, ram air, leather, tint automatic, PS, PB, monsoon system. 9,000 miles. Asking \$22,900. Looking for someone to take over payments. Call Dan or Sabrina a 734-1766.

For Sale: 2004 Ford Expedition, Eddie Bauer, Wedgwood blue, 5.4 2x4, fully loaded (no nav), DVD system, tow pkg, 10,600 mi. New \$44,570 asking \$32,500. Have title for quick sale. Leave message at 934-8499.

For Sale: 2003 Honda Civic LX, 4-Dr Sedan, blue, 5-speed, PW, PL, and AC. Excellent condition; 24,900 miles, asking \$12,900/obo. Contact Robert Mendoza at 734-2601 after 1630.

- For Sale:** 2003 Chevrolet Trail Blazer LS 4X4, 41,000 miles, white, loaded w/everything, CD, PW, PS, anti lock brakes, front & side airbags, factory roof rack, third row seat. Asking \$17,900, call 734-0101/588-1624.
- For Sale:** 1999 Mitsubishi 3000GT SL, 68,800mi, white, new chrome rims/tires, leather, loaded w/features, sun roof, outstanding condition, fast! \$16,865/obo. Finance info available. Call 229-630-8915/737-8915.
- For Sale:** 1998 328i BMW, 98,000 miles, asking \$12,300. Automatic, fully loaded, leather, PS, PB, PW, sunroof, tint, rims, new tires, F&S airbags, alpine system, color: black. Call & leave msg at 805-260-9264.
- For Sale:** 1997 VW Golf GTI VR6 - 5-speed, PW, PS, PL, AC, sun/moon roof, new clutch, sound system, exhaust, intake, larger rotors, and 17" rims included. Asking \$5,700. Call 734-1364.
- For Sale:** 1994 ACURA Integra, gray, 4-cyl, 5 speed, PS, PB, AC, PW, AM/FM cassette, alarm, new timing belt, very clean and well maintained. Must see to appreciate, 106K miles, asking \$4,800. Call 878-2533.
- For Sale:** 1992 Mazda MX-3, 2-dr hatchback, aqua-green w/black, 4-cyl FWD automatic, AC, alarm w/remote & engine kill, AM/FM cassette, fold-down rear seat, lots of cargo room, Diehard tires, new ignition harness, automatic passive-restraint seatbelts, free-new snow chains. 200K mi but runs great, smogged, good commuter/teenager car, just detailed. \$1,775 KBB, sell \$1,500/obo. Call 934-7035.
- For Sale:** 1989 Acura Legend L Coupe. High miles but great car! 2nd owner/all service records. BB value is \$2,575, asking \$2,200/obo. Call 598-2856/349-2912.
- For Sale:** 2004 Yamaha YZ 450F, dirt bike. Ridden only five times. Very clean. Must sacrifice \$5,500/obo. Call Shawn at 331-6022.
- For Sale:** 2003 Yamaha R6, 2,500 miles, near new tires, not abused, runs perfectly, matching helmet, \$8,000/obo. Contact Shawn at 757-1356.
- For Sale:** 2000 Honda Nighthawk 750cc. 49 state motorcycle. Like new only 3,000 miles. NADA low \$2,485, high \$3,270. Asking \$3,000/obo. Call Bill at 734-0326.
- For Sale:** 1994 Honda CR250, runs excellent, always serviced. Pro Taper bars, Renthal gold chain, skid plate, frame guards, extra plastics, etc. Asking \$2,100. Call 733-2551.
- For Sale:** 1992 Honda Shadow 1100cc, has new voltage regulator, needs a new back tire. Runs very well. Asking \$1,800. Call Steve at 934-7882.
- For Sale:** Craftsman 17.5 hp lawn tractor, near new, runs well. New \$1,200, sell \$ 850. Call 734-0552.
- For Sale:** Heavy duty washer & electric dryer. \$120/obo. Call SrA Sullivan, 307-256-6604 FMI.
- For Sale:** Whirlpool, extra large capacity, heavy duty electric dryer, works great, \$100. Please call 736-4925.
- For Sale:** Oak entertainment ctr holds up to a 27" TV & stereo. Excellent condition, \$350. Call 733-1594.
- For Sale:** Lg rosewood entertainment ctr w/mother of pearl inlay. New \$4,500, sell \$1,800. 5-piece king size bedroom set w/Beautyrest tube waterbed, \$800. Kenwood stereo sys w/cabinet, \$400. Call 734-1630.
- For Sale:** 50 Pack DVD+R's for \$20. Call 717-1255/734-6765 anytime.
- For Sale:** Officer Mess Dress, 38R jacket, 31/32 W pants, excellent cond. asking \$70. Call 734-3340 FMI.
- For Sale:** AF Mess Dress, 40R jacket, 32/34Wx30L pants, size 16 white ruffled shirt, bow tie, suspenders, cumberbund, Hap Arnold Spec Edition silver cufflinks & buttons. New \$300, sell \$175. Call 588-9103.
- For Sale:** College football tickets. (2) Hawaii vs. Fresno State tickets for Friday, 12 Nov 04, at 1930 at Fresno for face value of \$30 ea. Must sell. Call Ken 588-2753 days/735-9140 after 1700. Great teams/location.
- For Sale:** Yellow AKC Labrador retriever. She is 9 months old. Price includes papers, crate & 6' X 12' chain link pen. Asking \$300/obo, must sell/PCS move. Great hunting/family dog. Call Dan or Maria at 734-2371.
- Wanted:** Gently used "Step 2" brand kid's desk. Will pay fair price. Call Nicole at 734-1700.
- Wanted:** Dog crate for dogs ranging from 40—60lbs. Call 734-1133.